

Cambridge Junior Bears Football

ImPACT Concussion Management Program Consent

Cambridge Junior Bears (CJB) Football uses the Immediate Post Concussion Assessment and Cognitive Testing (ImPACT) program to assist team physicians / athletic trainers in evaluating and treating student-athletes' head injuries (e.g., concussion). The tool not only helps assess the severity of an injury, but also helps determine when the injury is completely healed. ImPACT is used by many professional, collegiate, and high school sports programs across the country.

A computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in "video-game" type format and takes about 15-20 minutes to complete. It is simple, with many athletes enjoying the challenge. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is given to a local ImPact doctor to help evaluate the injury. The test data will enable these health professionals to determine when a return to play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

The program provides the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. If you have any further questions regarding this program, please feel free to contact, Katy Lawrence, CFF Concussion Coordinator (404-895-9110 or katylawrence01@gmail.com).

I have read the above information and understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program

Printed name of player

Signature of player

Date

Printed name of parent or legal guardian

Signature of parent or legal guardian

Date

